



**FOREST AND BIRD WELLINGTON REGIONAL TRAMPING GROUP
WINTER PROGRAMME 2025**

MAY	
Wed 7	Zealandia, Wellington E-M / NW 5 hrs Andrew Macbeth 027 292 9888
	Mana/Cambourne Circuit, Porirua E 4 hrs Lainey Cowan 027 303 9006
Wed 14	Te Ngahere-o-Tawa, Wellington E 3-4 hrs Brenda Johnston 04 478 9008
	Te Kopahou Reserve elevator track, Wellington M 6 hrs Marilyn Bramley 021 267 6495
	Grand Old Duke of York, Wellington M 4 hrs Ian & Jill Goodwin 021 519 461
Wed 21	Northern Belmont Regional Park, Hutt Valley M/F 5 hrs John Larkindale 021 082 23733
	Porirua to Paremata, Challenge 3 E/M 4-5 hrs Judy Hedwig & Kristin Wickens 021 109 4274
Wed 28	Te Ara Utiwai/Rangituhi, Porirua M 4 hrs Gillian Candler 021 375 074
	Karori to Newtown, Wellington M 4.5- 5 hrs Chris Francis 386 3517; 021 1293 900
JUN	
Wed 4	Fungal Foray, Tunnel Gully, Upper Hutt E/NW 4 hrs Gillian Candler, Rita Urry et al 021 375 074
	Mt Wainui, Paekākāriki F 7 hrs Terry Fenn 021 049 8362
Wed 11	Whareroa Farm, Western Hills, 5 Ways, Paekakariki M 3-4 hours Grant Nicholls 021 024 90278
	Plimmerton loop, Taua Tapa Track/Te Ara Harakeke E/M 4 hrs Lyn Parris 027 656 8481
Wed 18	Mid-winter Tramp & AGM, Turere Lodge, Remutaka E 4-5 hr Jeanie Truell 027 437 3705
Wed 25	Bus Barn to Point Howard, Eastbourne M 4-5 hrs Judy Hedwig & Kristin Wickens 021 109 4274
	Coast Tramp, Plimmerton to Pukerua Bay M 4.5 hrs Joy Griffiths 027 309 9748
JUL	
Wed 2	Rangituhi Cres to Rangituhi Summit, Porirua M/F 6 hrs Philippa Doig 021 189 8787
	Eastern Walkway and Breaker Bay, Wellington E/M 4.5 hrs Helen Heffernan & Pam Nash 027 405 0371; 021 169 2304
Wed 9	Paremata to Whitby hills and back, Porirua M 4.5-5 hrs George Thomson 027 528 1791
	Ara Paparangi and environs, Wellington E/M 4 hrs Sue Pullon 027 436 8621
Wed 16	Kaitoke supplejack tramp F 5 hrs Gail Kettle 027 455 5041
	Evans Bay Parade, Wellington E/M 4-4.5 hrs Anne Caton 027 606 6733
Wed 23	Bothamley Pathway to Transmission Gully Loop, Porirua E/M 4 hrs Gary Sims 027 807 7159
	Otari Waterfalls, Wellington M/F 5.5 hrs Vicky Mabin & Mike Crozier 021 182 3439; 021 565 049
Wed 30	Hemi Matenga / Te Au loop via possum track, Waikanae M/F 4 hrs Denise Strickland 027 448 9910

	Nga Taonga - 5 Mile Loop, Catchpool, Remutaka E 3.5 hrs Sally Marx 021 954 380
AUG	
Wed 6	Paekakariki to Waikanae, Challenge 4 M 5 hrs Judy Hedwig & Kristin Wickens 021 109 2474
	Butterfly Creek/Middle Ridge, Eastbourne M/F 5-5.5 hrs Kerry Finnigan & Gail Kettle 027 4847037; 027 4555041
	Farmland to Kaukau, Wellington E 4 hrs Brenda Johnston 04 478 9008
Wed 13	Brooklyn - Pari Whero/Red Rocks - Owhiro Bay, Wellington M/F 4-5 hrs Dave Henderson 027 4848 165
	Three Peaks, Wellington M 4.5 hrs Paul Oliver 021 034 2870; 971 3727
Wed 20	Forest Floor Scramble, Maungakotukutuku, Kapiti M/F 5 hrs Gillian Candler 021 375 074
	Johnstons Hill & British Peak, Wellington M 4-4.5hrs Jeanie Truell & Sally Mann 027 437 3705; 027 235 9761
Wed 27	Nikau Creek to Whakanui loop; Wainuiomata M/F 6 hrs Philippa Doig 021 189 8787
	QEII park and Whareroa, Paekakariki M 5 hrs Sue Pullon 027 436 8621
SEP	
Wed 3	Maara Roa from Waitangirua Farm Hub, Porirua E/M 4 hrs Brenda Johnston 04 478 9008
	Eastbourne Bait line loop, Eastbourne M/F 5.5 hrs Ian Millard 021 117 3400
Wed 10	Karori to Newtown, Wellington M 4.5-5 hrs Chris Francis 386 3517; 021 1293 900
	Belmont Hills - Pareraho Forest, Hutt Valley M/F 5 hrs Chris Comerford & Kay Upston 022 108 5321; 021 651 020
Wed 17	Haape stream, Te Kopahou Reserve, Wellington F 5 hrs Marilyn Bramley 021 267 6495
	Berhampore Circuit incl. Mt Albert, Wellington E/M 4 hrs Lainey Cowan 027 303 9006
Wed 24	Working Bee - Tanera Grove, Wellington E 4 hrs Anne Caton 027 606 6733
	Percy Reserve/ Belmont Trig figure of 8, Petone F 6 hrs Ian Millard 021 117 3400
OCT	
Wed 1	Southern Walkway: Point Jerningham to Island Bay E/M 4.5 hrs Philip Tremewan 021 642 152
	Maungakotukutuku Adventure, Kapiti F 6-7 hrs Denise Strickland 027 448 9910
Wed 8	Rata Circuit, Upper Hutt F 6.5 hrs Allan Munro 566 4834
	Te Whiti Riser, Mawson St track, Hutt Valley E/M 4 hrs Pam Nash & Helen Heffernan 021 169 2304; 027 405 0371
	Mt Cook-Te Aro Meander, Wellington M 4 hrs Craig Cherrie 027 404 9284
Wed 15	Mount Reeves, Wairarapa F 6 hrs Stuart Hammond 04 526 7224
	Takapuwahia to Titahi Bay loop, Porirua E/M 4 hrs Gary Sims 027 807 7159
	Takapu to Petone M 4.5 hrs Jill & Ian Goodwin 021 519 461
Wed 22	Turere Headwaters, Wainuiomata M/F 5.5 hrs Chris Francis 386 3517; 021 129 3900
	Butterfly Creek Orchids, Eastbourne E 4 hrs Gillian Candler 021 375 074
Wed 29	Crofton Downs - Crows Nest - Kaukau, Wellington M/F 4.5 hrs Vicky Mabin 021 182 3439
	Makara Peak, Wellington M 4.5 hrs Paul Oliver 021 034 2870; 971 3727

LEVEL OF DIFFICULTY: E – EASY Approx 4 hours on formed undulating tracks/paths; M – MODERATE Approx 5 hours on good tracks with climbing; F - FIT > 5+ hours, steeper climbing on bush tracks/routes, possibly stream crossings. NW Nature walk - slow, with many stops, and a focus on flora and fauna.